Cursive Writing Practice

Letter Formation

In cursive writing, most of the letters within a word are connected. When using handwriting paper, lowercase cursive letters touch the middle line, and uppercase cursive letters as well as lowercase cursive letters with ascenders touch the top line.

There are three distinctive beginning strokes for cursive letters: curve up, curve down, and curve over. The lowercase letters that have beginning strokes that curve up are b, e, f, h, i, j, k, l, p, s, t, u, and w. The letters that have beginning strokes that curve down are a, c, d, q, o, and q. The letters that have beginning strokes that curve over are m, n, v, x, y, and z.

Another stroke is the slant stroke, which occurs before or after a curve in letters with multiple strokes. The strokes in between the letters of a word are called connectives.

map
Proper Cursive Writing Grip and Body Posture

Tripod Grip

For the tripod grip, hold your pencil with your thumb, index finger, and middle finger.

Proper Posture

For good posture while writing, sit with your feet flat on the floor and your bottom in the center of your seat.
## Forming Cursive Letters

<table>
<thead>
<tr>
<th>Uppercase</th>
<th>Lowercase</th>
</tr>
</thead>
<tbody>
<tr>
<td>A: curve down, curve up, slant, curve up</td>
<td>a: curve down, curve up, slant, curve up</td>
</tr>
<tr>
<td>B: curve up, slant, push up, curve down, loop, curve down, curve right</td>
<td>b: curve up, loop, slant, curve up, curve right</td>
</tr>
<tr>
<td>C: curve down, curve up</td>
<td>c: curve down, curve up</td>
</tr>
<tr>
<td>D: curve down, loop, curve up, loop, curve right</td>
<td>d: curve down, loop, curve up, curve right</td>
</tr>
<tr>
<td>E: curve down, loop, curve down, curve up</td>
<td>e: curve down, loop, curve up, curve right</td>
</tr>
<tr>
<td>F: slant, curve up and right, lift, cross in the middle, lift, double curve at top</td>
<td>f: curve up, loop, slant, curve up, curve right</td>
</tr>
<tr>
<td>G: slant up, loop, curve up, curve down and right</td>
<td>g: curve down, curve up, slant, loop, curve over</td>
</tr>
<tr>
<td>H: curve down and slant, lift, curve back and slant, loop in the middle, curve right</td>
<td>h: curve up, loop, slant, curve over, curve up</td>
</tr>
</tbody>
</table>
### Forming Cursive Letters (continued)

<table>
<thead>
<tr>
<th>Uppercase</th>
<th>Lowercase</th>
</tr>
</thead>
<tbody>
<tr>
<td>ε: curve over, curve down and up, curve right</td>
<td>i: curve up, slant, curve up, lift, dot above the top</td>
</tr>
<tr>
<td>γ: curve over, slant, loop, slant right</td>
<td>j: curve up, slant, loop, slant right, lift, dot above the top</td>
</tr>
<tr>
<td>Κ: curve down and slant, lift, double curve, loop, curve up</td>
<td>k: curve up, double loop, slant, curve up</td>
</tr>
<tr>
<td>L: curve up, loop, curve down, loop, curve under</td>
<td>l: curve up, loop, slant, curve up</td>
</tr>
<tr>
<td>m: curve down and slant, curve over, slant, curve over, slant, curve up</td>
<td>m: curve over and slant, curve over, slant, curve over, slant, curve up</td>
</tr>
<tr>
<td>n: curve down, slant, curve over, slant, curve up</td>
<td>n: curve over, slant, curve over, slant, curve up</td>
</tr>
<tr>
<td>O: circle around, curve right</td>
<td>o: circle around, curve right</td>
</tr>
<tr>
<td>P: curve up, slant, push up, curve around</td>
<td>p: curve up, slant, loop, curve over, curve up</td>
</tr>
</tbody>
</table>
Forming Cursive Letters (continued)

Uppercase Q: circle around, lift, double curve at bottom

Lowercase q: curve down, curve up, slant, loop, curve up

Uppercase R: curve up, slant, push up, curve around, loop, curve up

Lowercase r: curve up, slant, curve up

Uppercase S: slant, loop, double curve, curve right

Lowercase s: curve up, curve down, curve up

Uppercase T: slant, curve up and right, lift, double curve at top

Lowercase t: curve up, slant, curve up, lift, cross in the middle

Uppercase U: double curve down, slant, curve up

Lowercase u: curve up, curve down, curve up and down, curve up

Uppercase V: double curve down, double curve up

Lowercase v: curve over, slant, curve up, curve right

Uppercase W: double curve down, slant, double curve up

Lowercase w: curve up, curve down, curve up and down, curve up, curve right

Uppercase X: curve down and slant, curve up, lift, slant

Lowercase x: curve over, slant, curve up, lift, slant
Forming Cursive Letters (continued)

Uppercase Ÿ: double curve down, slant, loop, curve over

Lowercase ŷ: curve over, slant, curve up, slant, loop, curve over

Uppercase ž: curve down, slant, loop, curve over

Lowercase ž: curve over, slant, loop, curve over
Cursive Writing Practice: Alphabet

A a
B b
C c
D d
E e
F f
G g
H h
I i
Cursive Writing Practice: Alphabet (continued)

J j
K k
L l
M m
N n
O o
P p
Q q
R r
Cursive Writing Practice: Alphabet (continued)

Name: ___________________________ Date: _____________

S

T

W

V

X

Y

Z
Cursive Writing Practice: Numerals

0

1

2

3

4

5

6

7

8

9
Cursive Writing Practice

Unit 1, Week 1

Name: ______________________________________ Date: ______________________________________

Trace the letters.

Write the sentence on the lines.

The penguins waddle around.

Write your own sentence.

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Trace the letters.

Write the sentence on the lines.
It is warm in Africa.

Write your own sentence.
Unit 1, Week 3

Cursive Writing Practice

Name: ______________________________________ Date: _____________________

Trace the letters.

Write the sentence on the lines.

Six snakes wind through the desert.

Write your own sentence.
Trace the letters.

My dad reads fairy tales to me.

Write your own sentence.
Trace the letters.

Write the sentence on the lines.

“Rough-Face Girl”
is my favorite.

Write your own sentence.
Trace the letters.

Write the sentence on the lines.

Troll likes the goats and the ox.

Write your own sentence.
Trace the letters.

Sarah and her friend like parks.

Write your own sentence.
Trace the letters.

Write the sentence on the lines.

Yuri wears a seat belt in the car.

Write your own sentence.
Trace the letters.

Write the sentence on the lines.

I voted for the class president.

Write your own sentence.
Trace the letters.

Write the sentence on the lines.

Swim with Frog
in the pond.

Write your own sentence.
Trace the letters.

Write the sentence on the lines.

We all shared the stone soup.

Write your own sentence.
Trace the letters.

Write the sentence on the lines.

Owl helped Bear before the sun set.

Write your own sentence.
Trace the letters.

Write the sentence on the lines.

Rob flew with the Wright brothers.

Write your own sentence.
Trace the letters.

Write the sentence on the lines.

Carver invented farming products.

Write your own sentence.
Trace the letters.

Write the sentence on the lines.

Jake uses a robot to attend school.

Write your own sentence.
D
David has heard
about King Midas.

Write your own sentence.
Trace the letters.

Write the sentence on the lines.

Ali planted a vegetable garden.

Write your own sentence.
Trace the letters.

Write the sentence on the lines.

Casey made friends at her new school.

Write your own sentence.
Trace the letters.

We saw the buffalo graze.

Write your own sentence.
Trace the letters.

Write the sentence on the lines.

Tim quoted sources in his essay.

Write your own sentence.
Trace the letters.

Write the sentence on the lines.

My squad found fossils on the dig.

Write your own sentence.
Trace the letters.

Kevin heard the tornado warning.

Write your own sentence.
Trace the letters.

Write the sentence on the lines.

Lucy saw erosion on the rocks.

Write your own sentence.
Trace the letters.

\[ \text{TRACE THE LETTERS} \]

\[ \text{Z} \]

\[ \text{Z} \]

Write the sentence on the lines.

\[ \text{Zack jogs through the canyon.} \]

Write your own sentence.

\[ \text{ } \]
Trace the letters.

Write the sentence on the lines.

Katy and Max go to the market.

Write your own sentence.
Trace the letters.

Write the sentence on the lines.

Paper should be recycled.

Write your own sentence.
Trace the letters.

Write the sentence on the lines.

Jacob’s parents study dinosaurs.

Write your own sentence.
Trace the letters.

Write the sentence on the lines.

We know how to make origami.

Write your own sentence.
Trace the letters.

Trace the letters.

Write the sentence on the lines.

Dale's drink is a liquid.

Write your own sentence.
Trace the letters.

Write the sentence on the lines.

The Old Faithful geyser is famous.

Write your own sentence.