

**Private Practice Counseling/Mental Health Services
Career Counseling/Cognitive Skills Training**

Achieve Balance

Kate Walker, Ph.D., LPC, LMFT Supervisor

Amber Haygood

Market Street

9595 Six Pines Dr. Suite 8210

The Woodlands, TX 77380

936-697-2822

Adolescent/Adult/Child/Family

Cash Only

www.achievebalance.org

info@achievebalance.org

ADD Wellness Group. LLC

Jim Zettel, PhD (Chief of Clinical Services)

111 Vision Park Blvd. Ste ~250

The Woodlands, TX ~77384

281-528-4226

CS@addwoodlands.com

Child, Adult, Adolescent, Family

www.addwoodlands.com

ADHD/Anxiety/Depression/Autism Spectrum/Substance Abuse/Oppositional

Defiance/Conduct Disorder

Cash only

Better Life Wellness Center of Lake Conroe

15260 Hwy. 105 W

Montgomery, TX 77356

936.900.8469

www.betterlifewellnesscenter.com

Counseling Center of Montgomery County

Rebecca Smith, MA, LPC

Larry Bailey, MA, LPC (Positive reviews from parents)

Mary Sullivan, MA, LPC

Elizabeth Felthous, MA, LPC

Andrea Mitchell, MA, LPC

Gail Brock, MA, LPC-I

Nicole Gonzales, LPC

Theresa Burbank, MA, LPC

212 Conroe Drive.

Conroe, TX 77301

936-444-3546 or 936-760-1880

Child/Adult/Adolescent/Family High conflict issues/anger management/divorcing families/custody issues/depression/anxiety/learning disabilities/Insurance/cash /Interns at a reduced rate

www.counselingcenterMC.com

Crisis Intervention of Houston, Inc. (non-profit)

3015 Richmond, Suite 120
Houston, TX 77006
713-533-4526/713-529-TEEN
Free Crisis Hotline (713-HOTLINE)

Depelchin Children's' Center

1600 Lake Front Circle
The Woodlands, Texas 77380
Office: (281) 367-7707
Appointments: (713) 730-2335

Available Services

Psychiatry, Counseling, Foster Care, Adoption, Post-adoption, Parent Education

Office Hours

Mon - Thur | 8:30 a.m. – 7 p.m. / Fri | 9 a.m. – 12 p.m.

<http://www.depelchin.org/counseling/>

Family Time Foundation (non-profit)

101 Main Street, PO Box 893
Humble, TX 77347
281-446-2615
Free counseling for **victims of abuse**
Sliding scale for non-victims

Family and Youth Institute, LLC

Mary Ann Sartori, ED.D., MA, LPC-S, LCDC-Intern
Parenting, ADHD, Mental Health, Adults, Youth/Adolescents~
281-748-0233
Jennifer Burns, M.S., LPC-Intern
Sexual Abuse, Trauma, Mental Health, Adults, Youth/Adolescents
281-748-0233
Denise Garcia, MA, LMFT-S, LPC
Mental Health, Adults, Adolescents/Youth, Couples, Marriage
281-748-0781
Lindsay Gentles, MA, LPC-intern, and NCC. ~
Body Image and Eating Disorders, Adults, Adolescents, Christian
281-748-0233
Sarah Yerelian, M.S., LPC-Intern
ASD Spectrum and Special Needs, Mental Health, Adults, Youth/Adolescents
282-748-0233
Fernanda Havemann, M.ED, LPC-Intern
Career, ADHD, Mental Health, Adults, Youth/Adolescents
Spanish and Portuguese Speaker
281-748-0233
**Amanda Normintom, M.A., LPC-Intern*
ASD Spectrum, Special Needs, Adults, Youth/Adolescents~
**Laura Henderson, MEd, LPC*
Mental Health, School Issues, Adults, Couples, Youth/Adolescent, Christian~
281-748-0233

**Connie Hoagland, MEd, LPC*

Mental Health, School Issues,~
Adults, Couples, Youth/Adolescents, Christian~
271-748-0233

**Amanda Koenig-Reed, MA, LMFT*

Mental Health, Marriage, Adults, Youth/Adolescents, Couples
281-748-0233
25511 Budde Rd., Bentley Bldg. ~Suite 1902
The Woodlands, TX ~77381
281-719-5539

familyandyouthinstitute.com

Child/Adolescent/Adult/Family

Child & Adolescent Behavior/Anxiety/Depression/Family Issues/ODD/Behavior
Modification/Couples/Phobias/Christian Counseling/Women's Issues/Marriage and
Family/foster care/adoption/ODD/ADHD/Autism, Perinatal Mood Disorders
Cash/Check/Visa/MC/AmEx/Comp Psych

Grace Point Counseling Center

Susan C. Jones, Exec. Director, MA, CRC, LMFT, LMFT-S

Mary Causey, PhD, LPC-S, RTP-S

Patricia Fairhurst, EdS, MEd, CRC, CCM, LPC

Annie Jones, PhD., LPC

Margie Jordan, MA, LPC, LMFT

Ashley Shell, LMFT, LPC

Dana Futrell, MA, LPC

Cynthia Martinez, LMFT-Associate

9201 Grogan's Mill Rd

The Woodlands, TX ~77380

281-466-8602

Adult, Adolescent/Child/Family

Sliding Scale

Trauma, Abuse, Step-Parenting, Marriage & Family, Play Therapy, Emotionally Focused
Therapy, Social Skills, Asperger's, People with Disabilities (Special Needs), Cultural issues,
Women's Issues

www.gracepointcenter.com

Incredible Families (Family Outreach of Montgomery County: non-profit)

812 West Dallas, Suite 150

Conroe, TX 77301

936-441-4733

www.resourcesforparents.org

Counseling, parenting classes, mentoring

Nominal fees

Interfaith of the Woodlands Counseling Center

Janet M. Hofer, LPC, CEAP, SAP

2204 Timberloch Place, Suite 100

The Woodlands, TX ~77380

281-363-1633

Adolescent/Adult/Family Child/Bilingual

Cash/Insurance/Sliding Scale

1:P410 Sports

Adrienne Langelier, M.A., LPC
8101 Kuykendahl Rd. Ste. 100
The Woodlands, TX ~77382
832-791-5952
Athletes/disordered eating, anxiety, adjustment
Cash only
www.1p410sports.com
adrienne@1P410sports.com

Knapick Therapies. LMFT

6265 Hwy. 105, Suite 103
Montgomery, TX 77356
936.597.9359
www.knapicktherapies.com
robert@knapicktherapies.com
Adult, Adolescent/Family
Dual Diagnosis, Groups
Some free, cash \$25 groups

Lonestar Family Health Center

605 South Conroe Medical Drive
Conroe, Texas 77304
936.539.4004
Mental Health (psychiatry and counseling)
Hablamos Espanol - Bi-lingual staff available for translation
Sliding Fee Scale Discounts for the Uninsured with Eligibility
On-Site Eligibility, Case manager and Medicaid worker
Self pay option
<http://www.lonestarfamily.org/Default.aspx>

Methodist Children's Home (non-profit)

Veronica Whalon-Peters, MA, LBSW, LCPAA
5005 Mitchelldale Ste. 119
Houston, TX 77092
713-682-8911
Child
Voluntary Foster Care
Sliding Care
methodistchildrenshome.org

Mission Wellness Centers

Dr. Shaun Lester, PhD., LPC-S

1095 Everygreen Circle, Suite 200
The Woodlands, TX. 77380
936.900.5921 or 713.292.4647
Child/Adolescent/Adult/Family
Conduct issues/depression/anxiety/drug abuse/gender issues/social
skills/ADHD/grandparents parenting
Cash only, sliding scale
<http://missionwellnesscenters.com>
shaun.lester@missionwellnesscenters.com

Montgomery County Youth Services (non-profit)

North County:

Dana Hahn, LPC, LMFT, LPC-S
Lisa Smith, YFS Program Director
105 Lewis St.
Conroe, TX 77301
936-756-8682

South County:

Chris Gritzmacher, LSW
1600 Lake Front Circle, Suite 130
The Woodlands, TX 77380
281-292-6471
888-756-8682 24-hour crisis hotline
Child/Adolescent/Family
Free Counseling Services

Street Outreach

Kelly Vorish
600 Gerald Street, Suites 300-302
Willis, TX 77378
936-228-0283
Help for homeless children

Montgomery County Women's Center (non-profit)

1600 Lake Front Circle, Suite 100
The Woodlands, TX 77380
936-441-7273

Conroe Office:

1401 Airport Rd.
Conroe, TX 77301
936 -441-4-44 ext. 53
Hotline: 936-441-7273 (24 hours/day)
Free Counseling Services/Safe Housing
Child/Adolescent/Adult/Family
Bilingual

New Dimensions Day Hospital of the Woodlands

Rebecca Rucker, MA, LPC-S, LMFT
111 Vision Park Blvd., Ste. 260
Shenandoah, TX ~77384
800-685-9796
Outpatient Adolescent/Adult/Family
Insurance
www.newdimensionsdayhospital.com

Daniel P. Osborn, MA, PhD. LPC

701 N. Loop 336E. ~Suite 106
Conroe, TX 77301
832-515-5536
Counseling and Assessment Services/Psychological Assessments
dannyosborn@hotmail.com

David Parmer Counseling, LLC

David Parmer, MA, LPC
250 Ed English Drive, Bldg. 3, Suite B
Shenandoah, TX ~77385-8003
936.242.4069
Adolescent, Adult, Family
Blended family issues, Spirituality, Friend issues, ADD & OCD
Insurance - Aetna, Value Options, Magellan & PHCs
www.DavidParmer.com

Palmer Drug Abuse Program

Danielle Lutz, Ed.D. - Executive director
Gloria Vela, LCDC - Spanish program director
Three Memorial City Plaza, 840 Gessner, Suite 1300
Houston, TX. 77024
713.589.4832 or 713.306.0187 (Spanish)
Alternative peer group, support group, individual and family counseling
www.pdaphouston.org

PFLAG- Montgomery -Parents,Families and Friends of Lesbians and Gays (LBGT support group: non-profit)

P.O. Box 457
Montgomery, TX. 77356
936-582-2717
montgomerypflag@gmail.com

Pregnancy Assistance Center North (non-profit)

Conroe:

Teri McGiffert, Center Director
115 North San Jacinto
Conroe, TX 77301
936-441-6442
tmcgiffert@pacn.org
www.pacn.org

The Woodlands:

Karen Gould, Center Director
26402 I-45 North
The Woodlands, TX 77386
281-367-1518
karen@pacn.org
www.pacn.org

Free Counseling Services/pregnancy testing/ultrasound/STD testing and education, baby Item; Classes

Right Steps Conroe

James Patterson, LCDC
704 North Thompson ~Ste 170
Conroe, TX ~77301
936-828-3908
Adult/Family
Bilingual
Substance abuse/chemical dependency/addictions/alcoholism

Cash/Insurance

Serenity Place Family Therapy

Jaime Guajardo Jr., LCSW
2219 Sawdust Rd., Suite 1101
The Woodlands, TX. 77380
832.246.5364
Child-+10/Adult/Adolescent/Family/Bilingual
Depression, Grief, Trauma, PTSD
Cash only, sliding scale

Jacqueline Sim, LMFT Associate/M.A. Clinical Psychology

25511 Budde Rd., Ste 1002
The Woodlands, TX ~77380
832-819-5753
jacqueline.sim281@gmail.com
Cash only, sliding scale
Pregnant/postpartum adjustment and mood disorders, self-esteem, perfectionism issues

SHSU Jack Staggs Counseling Clinic

Rich Bruhn, EdD
3380 College Park Drive **OR** 932 Bobby K. Marks Dr.
The Woodlands, TX 77384 Huntsville, TX ~77341
936.496.5012 936.294.1121
Child/Adolescent/Adult/Family
Free

Shekinah Ranch of Texas

Melanie Irby
11173 Crockett Martin Rd.
Conroe, TX ~77306
713-875-6009
MENTORING using animal interaction/riding to provide a bridge to reaching emotional issues
\$20 or donations of feed or hay
Child, Adolescent, Adult, Family
www.shekinahranchtx.com
hello@shekinahranchtx.com

Teen & Family Services

George Youngblood, LCDC, ADCIII, CCS
Jesse Frazier Counseling Intern (an Intern but have had great reviews from a parent)
1733 Woodstead Ct. Ste 102
The Woodlands, TX 77380
93376 Katy Fwy.
Houston, TX 77024
713-464-3950
Substance Abuse/Adolescent/Family
Sliding Scale

Cindy Thornby, MA, LPC

25301 Borough Park Dr. #121

The Woodlands, TX 77380

281.755.3561

cindy@creativelifecounseling.com

Child, Adolescent, Adult, Family

Mental/emotional disorders and behavioral problems

Cash, Insurance, Sliding scale, Medicaid

Transcend Counseling

Bridget K. Caletka, LPC, MEd, CAGS, NCC, CCMHC

2219 Sawdust Rd., Suite 1101

The Woodlands, TX ~77382

607.237.3938

www.transcend-counseling.com

Child, Adolescent, Adult, Family

Adolescent/Teen Issues, Anxiety, Depression, Serious Mental Illness

Cash only

Tri County MHMR – Children’s Mental Health Services (non-profit)

1020 Riverwood Court, Suite 100

Conroe, TX 77304

936-525-2700

Counseling – Uninsured

Haley Way Counseling

Haley Way, LPC, NCC

8508 Technology Forest Place, Suite 1001

The Woodlands, TX ~77381

832.592.7 438

HaleyWayCounseling@gmail.com

Adult/Adolescent

Self-esteem/anxiety/confidence guiding/career counseling/job search services/grief & loss/individual counseling about family/relationship issues

Sliding Scale

Cash/Check/Credit Card

Woodlands Family Institute

(I have heard great things about this counseling group ... several students go here)

1610 Woodstead Ct. #420

The Woodlands, TX 77380

281-363-4220

www.woodlandsfamilyinstitute.com

Child, Adolescent, Adult, Family Trauma, Grief and Loss, Teen Pregnancy, General Counseling-related issues.

Alcohol/drugs, eating disorders, anxiety, depression, suicide, serious mental illness /family issues/blended families/anxiety/women's issues/psychotic disorders

The Woodlands Eating Disorders Clinic, PLLC

Kelley Dawson, MA. LPC-I

4840 W. Panther Creek Dr... #212

The Woodlands, TX ~77381

281.785.2273

kdawson@woodlandsedc.com

Adolescent, Adult, Family,

Eating Disorders, anxiety, depression, trauma and teens

Cash